

# Sample PCN Report

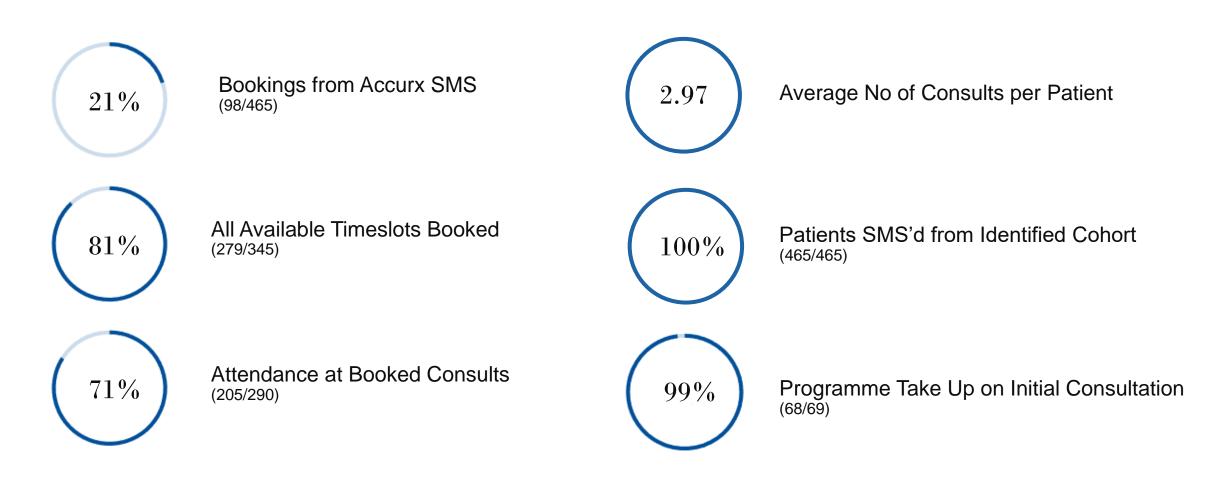
November 2023



Demand Reduction through Improved Metabolic Health



# Service Summary Key Numbers

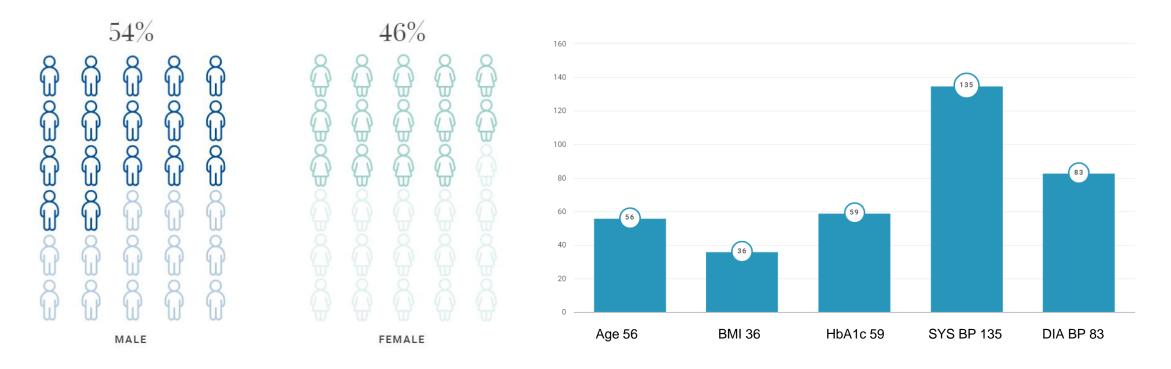


# **Cohort Analysis**

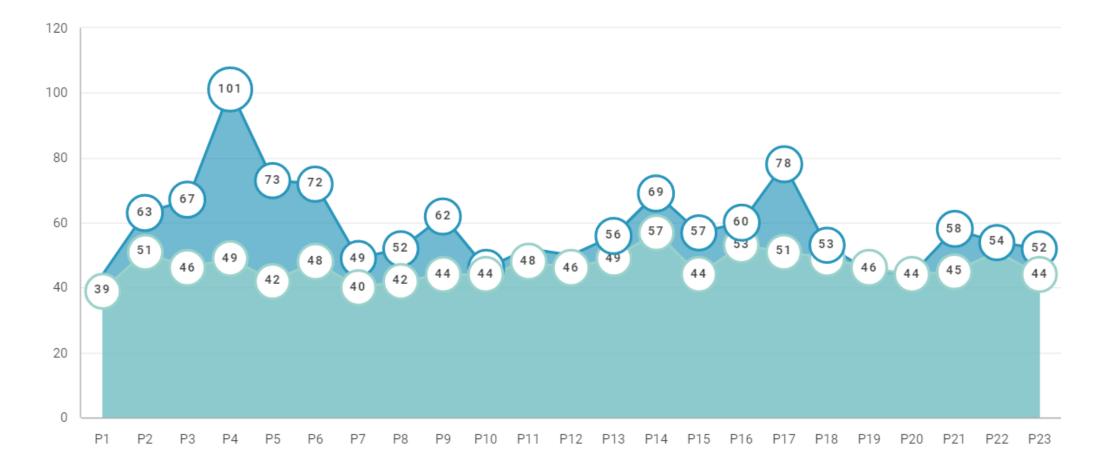
Meon Health Practice					
Cohort Size	465				
# SMS's Sent	465	100%			
Starter Consults Booked	98	21.1%			
# Attended Appointment	69	70.4%	14.8%		
# Joined Programme	68	98.6%			
# DNA	18	18.4%			

## Active on Programme Analysis

**#** Patients Active on Programme: 68



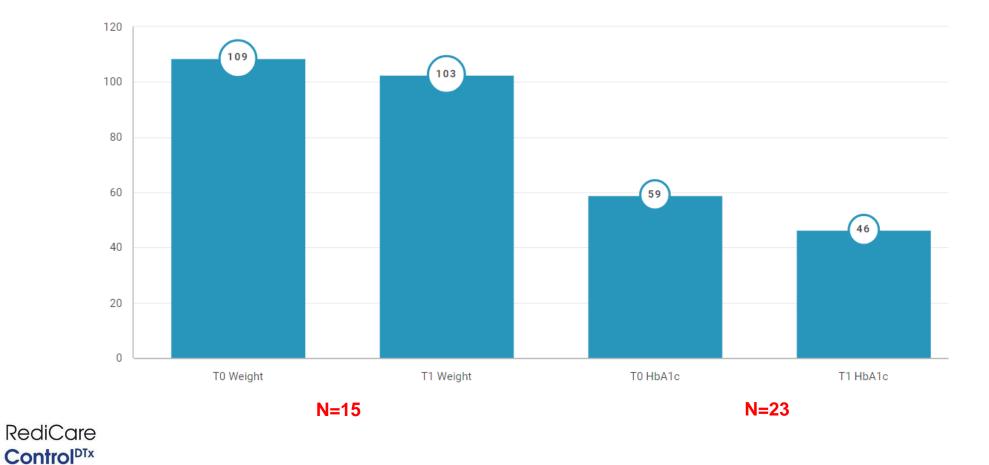
## HbA1c Individual Movements



## Weight & HbA1c Reduction Averages

Av Weight Loss: - 5.6kgs (5.2%)

Av HbA1c Change: -12.61 mmols (21.4%)



# **Consultation Analysis**

# Consults	# Patients	%
1	69	
2	51	74%
3	35	51%
4	23	33%
5	12	17%
6	1	1%
7	0	0%
8	0	0%

Avg per patient	2.97
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## Patient Feedback on Service



## Sample Workshop Feedback

## Attendance: 33 patients

# 49% 33%

## Comments

#### 7:34 PM

Only been a week, but I am feeling fantastic! Bloating gone (few headaches, but that's OK as first week). I did my blood sugars (wake up) this week and it was 2 points down from when I checked it last month! Never felt so motivated!

I only joined last week and started my changed diet on Sunday. I have lost 2kg this week and my blood sugar has already dropped from between 6.6 -6.9 down to 5.7-5.9

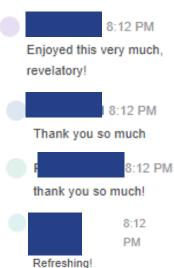
7:35 PM

### 7:38 PM

My appetite has significantly reduced. I have trouble reassuring my husband that I am simply not hungry. I have lost over 3kg in 3 weeks and my insulin intake has reduced by 80%. Really encouraging

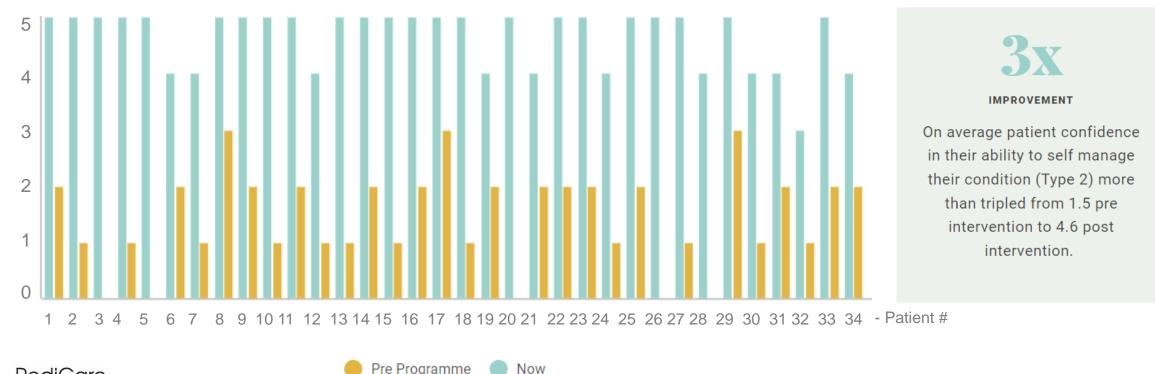
## 7:44 PM

After just a week I lost 3lbs, and my blood sugars post evening meal are down to 5.7 from an average of 7 or 8 previously. So pleased!



## Improvements in Patient Efficacy

Question: "Rate how well you feel you can manage your condition on a scale of 1 to 5"



## Q and A

